Netball for Life
Develop your skills, make friends, enhance fitness and learn to love the game.
A program for every time of life.
- Local Associations and Clubs
- Community Engagement
- Bing Lee Masters State Titles
- Netball NSW Social Masters

Explore Netball
First exposure to age-appropriate, modified netball. Enjoy free play.
- Sporting Schools

FUNdamentals
Develop a repertoire of fundamental movement skills that contribute to netball such as running, jumping, twisting, turning, catching and throwing.

Demonstrate Potential
Display your on court technical, tactical psychological and physical potential.
- Indigenous Emerging Talent
- Court Craft Summer Series

Commit
Commit to a recognised pre-elite training environment and regular competition. Comply with ET behaviours and embrace team culture.
- NNSW 19U State Team
- NNSW 17U State Team

Confirm
Confirm your holistic talent within a dedicated strategy and program including camps and competition. Engage with ET behaviours.
- NNSW Talent
- Emerging Regional Talent
- Regional Academies of Sport
- Regional State Cup

Breakthrough
Showcase readiness on and off the court to progress to a senior elite level of representation.
- NA Emerging Talent Squad
- World Junior Championships
- QBE Swifts Academy
- GIANTS Netball Academy

Commit to a recognised pre-elite training environment and regular competition. Comply with ET behaviours and embrace team culture.
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Multiple Success
A long standing member of the Australian Diamonds that wins multiple medals on the world stage.

Elite Success
Team member of the Australian Diamonds that wins a medal at a key international event.

Elite Representation
Selected into a Suncorp Super Netball franchise and/or the Australian Diamonds squad.
- World Cup
- Commonwealth Games

F3
Sparkle
Love the Game

F2
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F1
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