

| TRAINING REQUIREMENTS | LEVEL B - Step 2 Effective – Current (13 June 2020) | LEVEL C Effective 1 July | RETURN TO FULL PLAY Effective 1 July |
|--|---|---|--|
| Total Participants | Groups of up to 20, including coach and/or essential support personnel | TBC by NSW Government | TBC by NSW Government |
| Small group Training | Training up to 20 participants per group including a coach or facilitator | Community sport expansion TBC by NSW Government | Community sport expansion TBC by NSW Government |
| Physical distancing | Maintain 1.5m physical distancing | As per government restrictions | As per government restrictions |
| Equipment | "Minimise the use of shared equipment. All balls must be sanitised both prior to and after each group. Do not use bibs." | "Minimise the use of shared equipment. All balls must be sanitised both prior to and after each group. Do not use bibs." | "Unrestricted - recommend sanitising equipment after each use No sharing of whistles" |
| Training length | Recommended maximum 60-minutes | Recommended maximum 60-minutes | As determined by club/association |
| Break between sessions (to allow groups to depart/arrive without mixing, and carry out any cleaning required) | Allow 20-minutes between each group's scheduled training time. | Allow 20-minutes between each group's scheduled training time. | As determined by club/association |
| Participant arrival time | Do not arrive more than 15-minutes prior to the activity commencing. | Do not arrive more than 15-minutes prior to the activity commencing. | As determined by club/association |
| Participant departure time | Depart within 10-minutes of session completion | Depart within 10-minutes of session completion | As determined by club/association |
| Number of sessions per week / per team | Recommended one - two session per week | TBC | Unrestricted |
| Training/game day checklist | Required | Required | Required |
| Attendance checklist | Required | Required | Required |
| Non-contact drills | Permitted | Permitted | Permitted |
| Contact drills | Not-Permitted | Permitted | Permitted |
| Other contact - handshake, huddles, high fives etc. | Not-Permitted | Not permitted | TBA |
| Hand sanitiser available | Required | Required | Required |
| First aid kit available (inclusive of rubber gloves) | Required | Required | Required |
| Individually labelled water bottle and hand towel | Mandatory | Mandatory | Mandatory |
| Training/ Playing uniform | Players' training uniform washed (warm water and detergent) after each session | Players' training uniform washed (warm water and detergent) after each session | Players' training/game uniform washed (warm water and detergent) after each session |
| Associations/Club/Team social events at venue | Not Permitted | Not Permitted | TBC |
| Spectators | Parents/Guardians included within gathering of 20 | TBC | TBC |