



CONTACT

RULE REFERENCE

7, 12

RELATED SANCTION AND ACTION

Penalty Pass

ACTIVITY OBJECTIVE

To provide umpires with the basic knowledge of the Contact rule through a fun and engaging classroom-based activity.

AREA REQUIRED

Your choice of indoor or outdoor playing area.

EQUIPMENT REQUIRED

1 x Contact worksheet per pair

1 x Rule book per umpire

1 x Whistle per umpire

1 x Envelope per pair

10-15 MINUTES DURATION

WHAT TO DO

- Prior to the session, photocopy enough of the Contact worksheets so that there is one between two umpires
- Prepare the worksheets by cutting them along the dotted lines and place each set in an envelope.
- On the day, divide the group into pairs and provide them with an envelope that contains the pre-prepared rule
- Pairs are to attempt to piece the rule, including the Sanction, back together in the right order without using their rule book.
- Once everyone has finished, read the correct version of the rule from the rule book, and see who is closest to being correct.
- Use the **Ask the Umpires** questions to promote further discussions around the rule and reinforce the most important aspects of the learning by referencing the **Umpire Coaching Tips**.
- Always finish each training session with the **Quick Quiz** Section

UMPIRE COACHING TIPS

- The Sanction for Contact is a Penalty Pass.
- The Sanction is taken where the infringer was standing, unless this places the non-offending team at a disadvantage.
- The infringer must move quickly to the position indicated.
- The infringer must stand beside but away from the player taking the sanction so as not to impede that player.
- The infringer must remain in this position and not move or take any part in play (including verbal comments) until the ball has been released.
- Whenever Contact of two opposing players occurs, an umpire must ask themselves:
 - What happened?
 - Why did it happen?
 - Who caused it to happen?
- To be in the best position to see and recognise Contact, be at least level with, if not a little ahead of where the ball is.
- Be aware of the first movement of two players contesting a ball.
- Contact occurs when a player's actions interfere with an opponent's play whether these are accidental or deliberate.
- Umpires should be aware that opposing players may come into contact with each other and provided players don't interfere with or disadvantage their opponents, this is considered a 'Contest' and play continues.

ASK THE UMPIRES

- To penalise a player for Contact, what needs to have happened?
- What is the Sanction for Contact?
- Where is the Sanction taken?
- Do any players need to stand out of play?
- What is the hand signal for Contact?

RULES IN ACTION

Cut out each section along the dotted lines. Once cut out, piece the rule, including the Sanction, back together in the right order.

<p>When attacking, defending, or playing the ball</p> <p>Physical contact with each other</p> <p>Do not interfere with each</p> <p>To gain an unfair advantage</p> <p>Deemed to be 'contest' and</p> <p>'Contact' occurs when a</p> <p>An opponent's play whether</p> <p>Interference may occur in the following ways:</p> <p>Body to limit an opponent's ability to move freely</p> <p>Holding or leaning on an opponent.</p> <p>Including when shooting for goal.</p> <p>Held by an opponent.</p> <p>Opponent or removing it</p> <p>While holding the ball,</p>	<p>Opposing players may come into</p> <p>Provided the players</p> <p>Other's play or use their bodies</p> <p>Over their opponent, it is</p> <p>Play continues.</p> <p>Player's actions interfere with</p> <p>These are accidental or deliberate.</p> <p>Physical contact using any part of the</p> <p>This includes, but is not limited to, pushing, tripping,</p> <p>Knocking or hitting a player</p> <p>Placing hand/s on the ball</p> <p>Hitting the ball held by an</p> <p>From an opponent's possession.</p> <p>Pushing it into an opponent.</p>
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Refer to the instructions within the Starter Guide

1. Is a player penalised for accidental Contact that interferes with the play of an opponent?
A. Yes

2. What Sanction would the umpire award if the following occurred in the Centre Third:

Pushing an opponent in an effort to get free?

A. Penalty Pass

Tripping an opponent accidentally in an effort to get free?

A. Penalty Pass

3. What Sanction would the umpire award if the incident occurred within the following occurred in the Goal Circle:

The Goal Defence moves so quickly into the path of an opponent that contact cannot be avoided?

A. Penalty Pass

The Goal Attack or Goal Shooter pushes through the Goal Defence or the Goal Keeper?

A. Penalty Pass

The Goal Keeper or Goal Defence holds an opponent's uniform?

A. Penalty Pass

The Goal Keeper or Goal Defence pushes their elbow against an opponent?

A. Penalty Pass

The Goal Keeper and Goal Defence position themselves so near an opponent that Contact cannot be avoided?

A. Penalty Pass