



OVER A THIRD

RULE REFERENCE

9.5, 2

RELATED SANCTION AND ACTION

Free Pass
Throw In

ACTIVITY OBJECTIVE

To provide umpires with a basic knowledge of the **Over a Third** rule through a fun and engaging classroom-based activity..

AREA REQUIRED

Your choice of indoor or outdoor playing area.

EQUIPMENT REQUIRED

1 x Rule Book per umpire

1 x **Over a Third** worksheet per umpire

10-15 MINUTES DURATION

WHAT TO DO

- Prior to the session, photocopy enough of the **Over a Third** worksheets so there is one per umpire.
- Using the Rule Book, umpires are to complete the worksheet, identifying when a ball would be considered to have been thrown **Over a Third**, what Sanction would be awarded and where it would be awarded.
- Use the **Ask the Umpires** questions to promote further discussions around the topic and reinforce the most important aspects of the learning by referencing the **Umpire Coaching Tips**.
- Always finish each training session with the **Quick Quiz** section.

UMPIRE COACHING TIPS

- It is important to know which Third the ball came from. This is achieved by knowing which Third the landed foot of the thrower was in, and whether the thrower landed on both feet, or whether they were astride or across the Transverse Line.
- Be aware of when the receiver touches or catches the ball and where they land by:
 - Seeing the whole player.
 - Knowing when the player received the ball.
 - Knowing in which Third the receiver lands on one or both feet.
- The Sanctions and actions for Over a Third are a Free Pass, and a Throw In.

ASK THE UMPIRES

- Why is it important to know which Third the thrower first landed in?
- What do you need to be aware of when the receiver touches or catches the ball?
- Why are there two different Sanctions and actions for Over a Third?
- What is the hand signal for Over a Third?

OVER A THIRD

Use your rule book to complete the following.

The ball must be _____ or _____ by a player in each _____ of the court.

The player who touches or catches the ball must:

- a) Be standing _____ in the third concerned when the ball is _____ or _____;
- b) After catching or touching the ball in the air, _____ either with the _____ or both feet _____ in the third concerned.

After catching the ball correctly a _____ into an adjacent _____. Any subsequent _____ is deemed to have been made from the third where the _____.

If a player either catches the ball before landing with _____ astride the _____ line, or is standing on both feet _____ the transverse line when the ball is caught, the pass made by this player must be _____ or _____ in one of these two thirds.

RULES IN ACTION

Use this court diagram to draw the scenario and answer the relevant questions.

A ball being thrown Over a Third from a Goal Line Throw In.

What is the Sanction? _____

Where would the Sanction be awarded?

Who may take the Sanction? _____

A ball being thrown Over a Third to another Goal Third.

What is the Sanction? _____

Where would the Sanction be awarded?

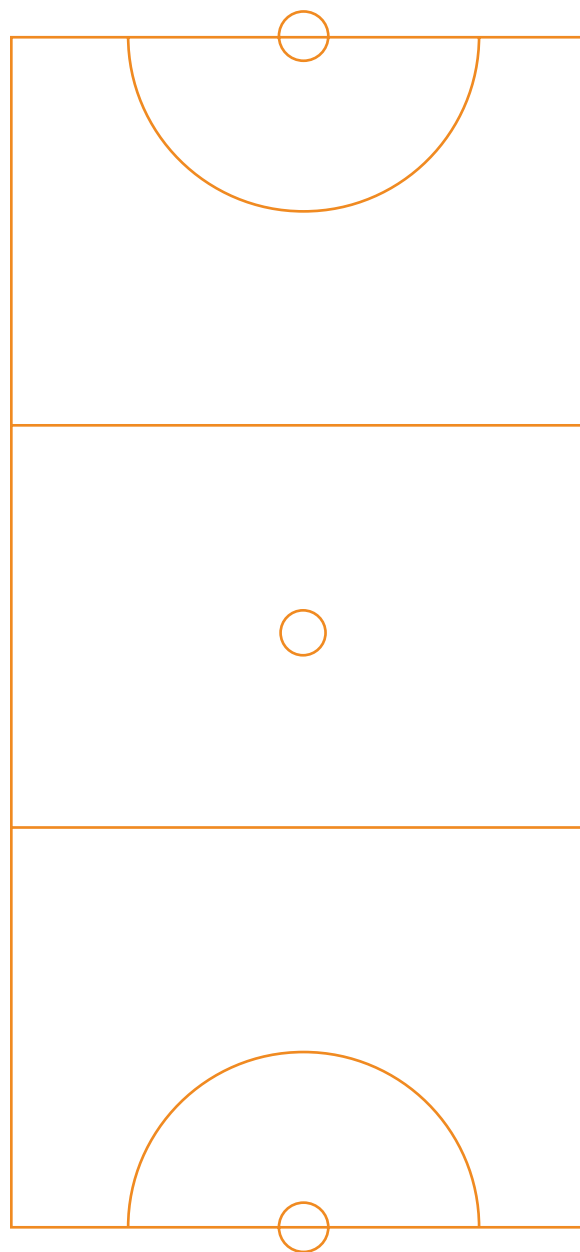
Who may take the Sanction? _____

A ball being thrown Over a Third from the Centre Third.

What is the action? _____

Where would it be awarded?

Who may take it _____





Refer to the instructions within the Starter Guide

1. A ball, thrown in from behind the Goal Line, is caught in the air by a player who jumped from the Goal Third, then landed in the Centre Third. Would this pass be considered to have been thrown over a complete Third?
A. Yes.
2. A ball, thrown in from behind the Goal Line, is caught by a player in the same team who lands on both feet simultaneously astride the transverse line. Would play be allowed to continue?
A. No.
3. A ball, thrown in from behind the Goal Line, is caught by a player in the same team standing in the Centre Third.
What is the Sanction?
A. Free pass.
Where would it be awarded?
A. In the Centre Third, just behind the second line that the ball has crossed.
4. A ball is received by a player with both feet in one Third and, in throwing, this player moves one foot into another Third, from which third will the ball be considered to have been thrown?
A. From the Third where the player first landed.
5. A ball, thrown from the Centre Third passes out of Court over the Goal Line.
What is the action?
A. Throw in.
Where would it be awarded?
A. Immediately behind the point where the ball crossed the Goal Line.

UMPIRE NOTES

Lined area for taking notes, consisting of multiple horizontal lines.