



PLAYING AREAS

RULE REFERENCE

5.1.1, 8.3, 9.7

RELATED SANCTION AND ACTION

Free Pass

Throw In

ACTIVITY OBJECTIVE

To provide umpires with a basic knowledge of the **Playing Areas, Offside** and **Out of Court** rules through a fun and engaging classroom-based activity.

AREA REQUIRED

Your choice of indoor or outdoor playing area.

EQUIPMENT REQUIRED

1 x **Playing Areas, Offside** and **Out of Court** worksheet per umpire

1 x Rule Book per umpire

1 x Pen or pencil per umpire

1 x Whistle per umpire

10-15 MINUTES DURATION

WHAT TO DO

- Prior to the session, photocopy enough of the **Playing Areas, Offside** and **Out of Court** worksheets so there is one per pair.
- Using the Rule Book, each pair is to complete the worksheet.
- Use the **Ask the Umpires** questions to promote further discussions around the topic and reinforce the most important aspects of the learning by referencing the **Umpire Coaching Tips**.
- Always finish each training session with the **Quick Quiz** section.

UMPIRE COACHING TIPS

- The lines bounding each playing area are part of that area.
- A player who enters a part of the court which is not their playing area is deemed to be Offside, whether the player has the ball or not.
- The Sanction for Offside is a Free Pass.
- The Sanction is taken where the infringement occurred, and no players are required to stand out of play.
- It is important to wait until a player holding the ball either lands outside the Court or touches a person or object that is outside the Court, before awarding a Throw In.
- Concentration is essential (even when play is in the other umpire's half) to accurately determine:
 - The last player on court to have contact with the ball.
 - Where the ball (or the player with the ball) crossed the line.
- A player who has left the Court to retrieve a ball or to take a Throw In must be permitted direct re-entry to the Court.
- Being in the right position at the right time is important to be able to determine whether a player has gone Offside.

ASK THE UMPIRES

- Why is it important to know each player's playing area?
- To penalise a player for Offside, what needs to have happened?
- Is it still considered Offside if a player does not have possession of the ball?
- What is the Sanction for Offside?
- Where is the Sanction taken?
- What is the hand signal for Offside?
- Do any players need to stand out of play?

PLAYING AREAS

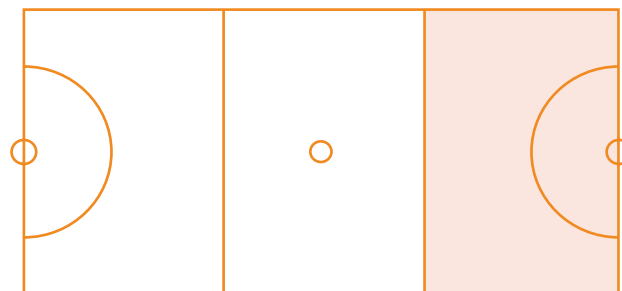
These diagrams are shaded to indicate the areas in which certain players are allowed on court. For each diagram state the two opposing players permitted in the shaded area.

REMEMBER

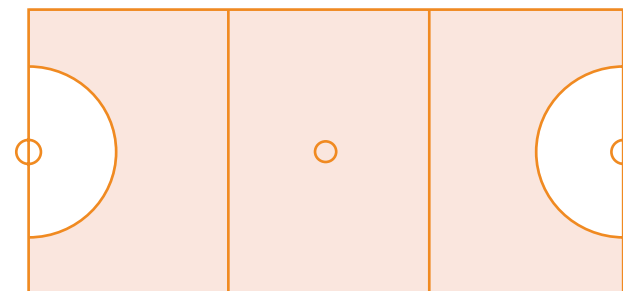
A player is NOT offside if they are on a line bounding their own area of play.

BUT

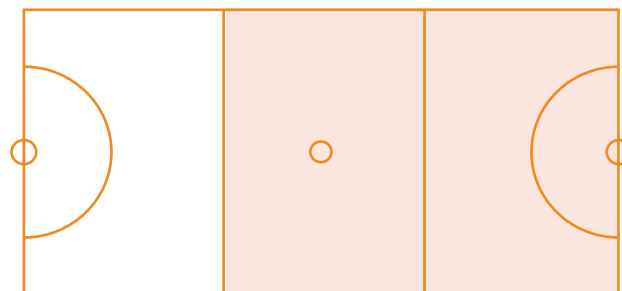
A player is offside if any part of their body touches the ground BEYOND the line bounding their own area of play.



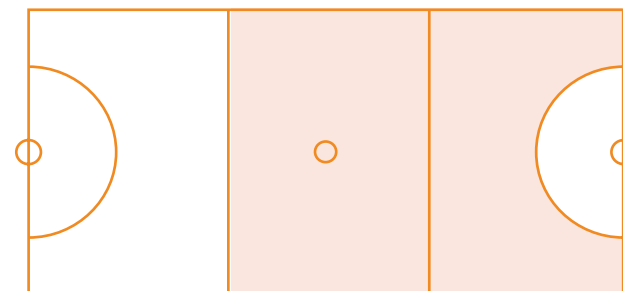
Players permitted in this area



Players permitted in this area

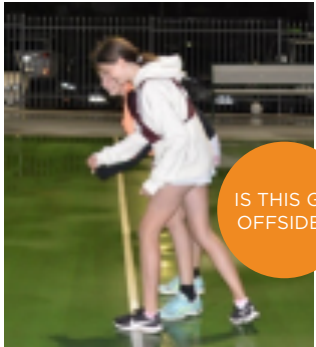


Players permitted in this area



Players permitted in this area

OFFSIDE



IS THIS GK OFFSIDE?

Why/Why not?

If yes, what is the Sanction?

Where would it be taken?



IS THIS OFFSIDE?

Why/Why not?

If yes, what is the Sanction?

Where would it be taken?

PLAYING AREAS: UMPIRE WORKSHEET



IS THIS OFFSIDE?

Why/Why not?

If yes, what is the Sanction?

Where would it be taken?



IS THIS WD OFFSIDE?

Why/Why not?

If yes, what is the Sanction?

Where would it be taken?

OUT OF COURT

Answer the following questions with a yes or no.

Is a ball out of court when?
It touches the ground out of court.

It touches any object or person in contact
with the ground outside the court.

It hits the goalpost and rebounds back
into the court.

A ball is thrown towards a sideline and a player
jumps into the air from an on-court position knocks
the ball back onto the court and then the player
lands outside the court.

The ball hits the umpire



Refer to the instructions within the Starter Guide

1. When a player enters an area other than their designated playing area, what is the infringement?
A. Offside
2. When a player goes Offside into an area other than their designated playing area, is the Free Pass taken in the Offside area or the player's own area?
A. In the Offside Area
3. May a player reach over and take the ball from an Offside area?
A. Yes
4. May a player lean on the ball in an Offside area?
A. Yes
5. What is the umpire's ruling when two opposing players go Offside at the same moment and neither makes contact with the ball?
A. They are not penalised, and play continues

6. Two opposing players, one in possession of the ball, go offside at the same moment.

What action will the umpire take?

- A. Toss up

Who will be involved?

- A. The two players concerned

In which area?

- A. Their own areas of play

7. Two opposing players, both touching the ball, go offside at the same moment.

What action will the umpire take?

- A. Toss up

Who will be involved?

- A. The two players concerned

In which area?

- A. Their own areas of play

8. One player who is allowed only in the Goal Third goes Offside into the Centre Third at the same moment as an opposing player goes Offside into the Goal Third. Both contacted the ball, what action will the umpire take?

What action will the umpire take?

- A. Toss up

Who will be involved?

- A. Any two players

In which area?

- A. The Centre Third

9. May a player who is on court, stand on a line bounding that players playing

- A. Yes

10. Is the ball out of court when:
It touches the ground outside the court?

- A. Yes

It touches any object or person in contact with the ground outside the court?

- A. Yes

11. What would the umpire's decision be if:

A player who has received the ball with the right foot in contact with the ground outside the court, steps on to the left foot inside the court before throwing

- A. A Throw in to opposing team

A Player who is off the court, jumps from out of court, catches the ball and then lands on court before throwing?

- A. A Throw in to opposing team

12. May a Player standing out of court, or jumping from out of court, defend a player on court?

- A. No

13. The ball is caught by two opposing players simultaneously, one of who lands out of court.

What action would the umpire take?

- A. Toss up

Who will be involved?

- A. The two players concerned

In which area?

- A. An area common to both players