



# SCORING A GOAL

## RULE REFERENCE

10

## ACTIVITY OBJECTIVE

To provide umpires with a basic knowledge of the **Scoring a Goal** rule through a fun and engaging classroom-based activity.

## AREA REQUIRED

Your choice of indoor or outdoor playing area.

## EQUIPMENT REQUIRED

1 x **Scoring a Goal** worksheet per umpire.

1 x Rule Book per umpire.

1 x Pen or pencil per umpire.

1 x Whistle per umpire.

10-15 MINUTES DURATION

### WHAT TO DO

- Prior to the session, photocopy enough of the **Scoring a Goal** worksheets so there is one per umpire.
- Using the Rule Book, umpires are to complete the worksheet, identifying whether a goal is scored or not.
- Use the **Ask the Umpires** questions to promote further discussions around the topic and reinforce the most important aspects of the learning by referencing the **Umpire Coaching Tips**.
- Always finish each training session with the **Quick Quiz** section.

### UMPIRE COACHING TIPS

- The only two players allowed to shoot for goal are the Goal Shooter (GS) and Goal Attack (GA).
- In taking a shot for goal, a player shall:
  - Have no contact with the ground outside the Goal Circle either while catching the ball or holding it. It is not contact with the ground to lean on the ball, but if this happens behind the Goal Line the ball is considered to be out of Court.
- A defending player may not cause the Goal Post to move so as to interfere with the shot at goal.
- If a Goal Shooter or Goal Attack does shoot for goal after first having made contact with the ground outside the Goal Circle, a Free Pass would be awarded to the opposing team, in the Goal Circle, where the infringement occurred. No players would be required to stand out of play.
- If a defending player causes the Goal Post to move, a Penalty Pass would be awarded. The defending player would be required to stand out of play and the Sanction would be taken from where the infringer was standing, unless this places the non-offending team at a disadvantage.

### ASK THE UMPIRES

- Which two players are allowed to shoot for goal?
- What would the Infringement and Sanction be if a Goal Shooter or Goal Attack had contact with the ground outside the Goal Circle while taking a shot for goal?
- Where would the Sanction be taken and who would take it?
- Do any players need to stand out of play?
- May a defending player cause the Goal Post to move to interfere with a shot at goal?
- If no, what would the Sanction be and where would it be taken?
- Do any players need to stand out of play?

# SCORING A GOAL

Use your rule book to complete the following.

A goal is \_\_\_\_\_ when the ball is thrown or \_\_\_\_\_ above and completely \_\_\_\_\_ the \_\_\_\_\_ by the Goal \_\_\_\_\_  
or Goal \_\_\_\_\_ from \_\_\_\_\_ point within the \_\_\_\_\_ circle including the lines bounding the Goal \_\_\_\_\_.



Would this be considered a goal?

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Why/Why not?

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Would this be considered a goal?

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Why/Why not?

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# SCORING A GOAL

Use your rule book to complete the following and circle 'YES' or 'NO'.

1. If another player throws the ball through the ring, would this be considered a goal?

**YES NO**

2. If a defending player deflects a shot for goal and the ball then passes over and completely through the ring, would this be considered a goal?

**YES NO**

3. If the whistle for an interval or 'time' is blown after a Penalty Pass has been awarded in the Goal Circle, can the Penalty Pass be taken?

**YES NO**

4. If the whistle for an interval or 'time' is blown before the ball has passed completely through the ring, would this be considered a goal?

**YES NO**

5. If the ball is won at a Toss Up in the Goal Circle, may the Goal Shooter or Goal Attack shoot for goal or pass the ball?

**YES NO**



1. Is a goal scored if the Goal Defence touches the ball as it leaves Attack's hands on a shot?  
A. Yes
2. May a Goal Attack shoot for goal with one foot on the Goal Line?  
A. Yes
3. Can the Goal Shooter shoot for a goal from a Toss Up taken in the Goal Circle?  
A. Yes
4. Can the Goal Shooter; with one foot on the ground outside the Goal Circle shoot for goal?  
A. No

Refer to the instructions within the Starter Guide

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## UMPIRE NOTES

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