



# START OF PLAY

## RULE REFERENCE

8

## RELATED SANCTION AND ACTION

Free Pass  
Throw in

## ACTIVITY OBJECTIVE

To provide umpires with a basic knowledge of the positioning of players for the start of play and how to start play.

## AREA REQUIRED

Your choice of indoor or outdoor playing area.

## EQUIPMENT REQUIRED

1 x Rule Book per umpire

1 x Whistle per umpire

1 x Start of Play worksheet per umpire

1 x Pen or pencil per umpire

## 10-15 MINUTES DURATION

### WHAT TO DO

- Prior to the session, photocopy enough of the **Start of Play** worksheets so there is one per pair.
- Using the Rule book, pairs are to complete the worksheet.
- Use the **Ask the Umpires** questions to promote further discussions around the topic and reinforce the most important aspects of the learning by referencing the **Umpire Coaching Tips**.

### UMPIRE COACHING TIPS

- Immediately after a goal is scored, both umpires must indicate the direction of the Centre Pass, and if they disagree the umpires shall appeal to the scorer.
- The Centre Pass whistle should be blown as quickly as possible once players are positioned to prevent 'breaking'.
- Tools of the trade include: whistle, voice, hand signals, Centre Pass ring/band.
- The Sanction for a player entering the Centre Third prior to the whistle being blown for a Centre Pass is a Free Pass.
- The Sanction is taken where the infringement occurred, eg. in the Centre Third where the player first crossed the Transverse Line.
- The action for a ball crossing the Sideline in the Centre Third, untouched, on a Centre Pass is a Throw In.

### ASK THE UMPIRES

- What 'tools of the trade' do you have to control the start and restart of play?
- Why is it important to blow the Centre Pass whistle as quickly as possible once players are positioned?
- What is the Sanction for a player who enters the Centre Third prior to the whistle being blown for a Centre Pass?
- Where is the Sanction awarded?
- What is the action taken by the umpire if a ball from the Centre Pass goes untouched over the Sideline bounding the Centre Third?

# POSITIONING PLAYERS FOR START OF PLAY

Use your rule book to complete the following.

### 1. For the start and restart of play

Must the Centre in possession of the ball stand with at least one foot wholly within the Centre Circle?

**YES NO**

May the Centre in possession of the ball have one foot grounded in the Centre Circle and the other foot lifted in the air?

**YES NO**

May the Centre in possession of the ball have one foot grounded in the Centre Circle and the other foot grounded outside the Centre Circle?

**YES NO**

Where should the opposing Centre be? \_\_\_\_\_

**YES NO**

Is the opposing Centre free to move before the whistle has been blown to start play?

**YES NO**

Where are the other players positioned? \_\_\_\_\_

**YES NO**

Are the other players free to move before the whistle has been blown?

**YES NO**

Are the other players allowed to move into the Centre Third before the whistle has been blown?

**YES NO**

### 2. Penalising Infringements at the start and restart of play

To penalise an infringement at the start and restart of play, is the umpire required to blow the whistle for the Centre Pass, then blow it again for the infringement?

**YES NO**

### 3. When two opposing players simultaneously enter the Centre Third before the whistle has been blown for the Centre Pass, what would the umpire do

If neither makes contact with the ball? \_\_\_\_\_

**YES NO**

If one of them touches or catches the ball? \_\_\_\_\_

**YES NO**

## START OF PLAY

Use your rule book to complete the following and circle 'YES' or 'NO'.

1. Play is started at the \_\_\_\_\_ of each quarter/half and after each \_\_\_\_\_ by a \_\_\_\_\_.  
The Centre Pass is taken \_\_\_\_\_ by the \_\_\_\_\_ of each team.

At a \_\_\_\_\_, before the whistle was \_\_\_\_\_ to end the \_\_\_\_\_, the centre pass will be ruled \_\_\_\_\_ to have been \_\_\_\_\_ if:

- a. The ball is still in the \_\_\_\_\_ hands and no player from that team has been \_\_\_\_\_.
- b. The \_\_\_\_\_ is knocked out of the Centre's hands by a player from the \_\_\_\_\_ team.
- c. An \_\_\_\_\_ infringement by the \_\_\_\_\_ team has been penalised and the penalty pass has not been \_\_\_\_\_.
2. After the whistle has been blown may the Centre taking the Centre Pass:

Ground one foot outside the Centre Circle before throwing the ball.

**YES NO**

Ground one foot outside the Centre Circle and lift the other foot from within the Circle before throwing the ball?

**YES NO**

Jump from both feet and land on one before throwing the ball?

**YES NO**

3. Within what time after the umpire blows the whistle for the Centre Pass, must the Centre with the ball release the pass? \_\_\_\_\_.
4. Would a member of the team taking the Centre Pass be judged to have received the ball legally if that player:

Lands with the first foot wholly within the Centre Third, then grounds the other foot in the Goal Third

**YES NO**

Jumps from the Goal Third, touches the ball in the air and lands in the Centre Third?

**YES NO**

Lands on both feet simultaneously astride the Transverse Line?

**YES NO**

## RULES IN ACTION

5. What Sanction would the umpire award and where would it be taken if a member of the team taking the Centre Pass fails to receive the ball legally and:  
It passes over the transverse line, then over the Sideline in the Goal Third? \_\_\_\_\_  
It passes over the Sideline in the Centre Third? \_\_\_\_\_
6. What would the umpire do if a member of the opposing team touched or caught the Centre Pass in the Centre Third, or in the Goal Third, or with feet astride the transverse line? \_\_\_\_\_

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## UMPIRE NOTES

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