netball
NEW SOUTH WALES

WHAT IS NETBALL?
GET INVOLVED



WHY PLAY NETBALL?

Netball is the number one sport for women and girls in Australia

Anyone can play

Sport makes children better at school

It's fun!

WHAT ARE THE BENEFITS OF PLAYING NETBALL?

TEAM WORK
Play together, work together

CONFIDENCE
Believe in yourself

SOCIALIZE
Make new friends

HEALTH
Keeps you fit and healthy

WHAT DO YOU NEED TO PLAY NETBALL?

RUNNERS
and comfortable clothing for exercise

ENTHUSIASM

WHERE CAN YOU PLAY NETBALL?

For more information contact **community@netballnsw.com.au** or visit **play.netball.com.au**